

Supplement Facts

Servings Size 1 Packet Chocolate Complete

Serving Per Container 1

Amount Per Serving	%Daily Value	
Calories	221	
Calories from Fat	39.5	
Total Fat	4.5 g	7%
Saturated Fat	1.75 g	9%
Trans Fat	0	0
Total Carbohydrate	20.5 g	7%
Dietary Fiber	9.7g	39%
Soluble Fiber	6 g	**
Sugars	3.5 g	**
Other Carbs	1.5 g	**
Protein	30 g	60%
Cholesterol	less than 5mg	>1%
Sodium	159.7mg	6%
Fibersol - 2 Brand	5.85g	**
*Percent Daily Values are based on 2,000 calorie diet. **Daily Value not established		
Vitamin A (beta carotene, retinyl palmitate)	5216 IU	102%
Vitamin C (sodium ascorbate)	314mg	513%
Vitamin D (cholecalciferol)	80 IU	20%
Vitamin E (D-alpha tocopheryl acetate)	50 IU	167%
Thiamin (HCl)	2mg	133%
Riboflavin (riboflavin-5-phosphate)	2mg	118%
Niacin (niacinamide)	7mg	35%
Vitamin B6 (pyridoxine HCl, pyridoxal-5-phosphate)	3mg	150%
Folate (folic acid)	80mcg	20%
Vitamin B12 (cyanocobalamin)	4mcg	67%
Biotin	135mcg	45%
Pantothenic acid (calcium pantothenate)	36mg	360%
Calcium	192mg	192%
Phosphorus	60mg	6%
Iodine (potassium iodide)	53mcg	35%
Magnesium (glycinate, oxide)	185mg	46%
Zinc (glycinate)	10mg	67%
Selenium (selenomethionine)	40mcg	57%

Copper (glycinate)	1mg	50%
Manganese (glycinate)	1mg	50%
Chromium (nicotinate)	50mcg	42%
Molybdenum (AAC)	100mcg	133%
Sodium	160mg	6%
Potassium (citrate/iodide)	200mg	6%
Glycine	1,500mg	**
L-lysine	1,000mg	**
Cold milled flax seed	1,000mg	**
L-threonine	540mg	**
Calcium D-glucarate	100mg	**
Milk thistle seed extract (Silybum marianum)	200mg	**
Taurine	150mg	**
MSM (methyl sulfonyl methane)	100mg	**
Enzyme Blend	50mg	**
protease, invertase, peptidase, amylase, lactase, cellulase, lipase, maltase		
Sodium sulfate	75mg	**
Green tea leaf extract (Camellia sinensis) (80% polyphenols/30% EGCG)(decaffeinated)	50mg	**
NAC (N-acetyl cysteine)	50mg	**
Bacillus coagulans 400 million CFU		
L-cysteine (HCl)	10mg	**

Amount Per Serving	%DV
SuperVegetox Antioxidant Blend	2.08g **
Organic Spirulina Powder, Organic Carrott Root Powder, Organic Broccoli Leaf Powder Organic Cauliflower Bulb Powder Organic Spinach Leaf Powder Organic Parsley Leaf Powder, Chlorella, Cracked Cell Wall Powder, Green Tea Leaf Extract Japanese Knotweed Root Extract, Tumeric Root Extract, Organic Beet Root Powder Kelp Powder, Kale Leaf Powder, Alfafa Herb Powder, Alfafa Concentrace (Trace mineral Complex)	
Fruit Antioxidant Blend	507mg **
Pomegranate Fruit Extract, Grape Fruit Extract, Quercetin Dihydrate, Acerola Cherry Powder, Grape Seed Extract, Blueberry Leaf Extract, Concord Grape Fruit Powder, Bromelain, Lycium (Goji) Berry Powder, Mangosteen Fruit Powder, Noni Fruit Powder	
Digestive Support Blend	327mg **
Organic Cinnamon Bark Powder, Organic Aloe Vera Leaf Powder, Apple Fruit Powder Amylase, Lipase, Cellulase, Lactase, Papin, Protease, Licorice Root Powder	
Probiotic Blend	114mg **
Lactobacillus acidophilus, Lactobacillus Casel, Bifidobacterium longum, lactobacillus rhamnosus	

Other Ingredients

Protein Blend (pea protein isolate, rice
protein concentrate, chlorella protein)
cane juice solids, sunflower oil, inulin fiber

(chicory), brown rice syrup solids, natural flavors, medium chain triglycerides, sodium chloride, potassium citrate, xanthan gum, guar gum, sodium citrate, stevia leaf extract, silicon dioxide, chocolate bean powder