

## Supplement Facts

Servings Size 1 Packet Strawberry Complete

Serving Per Container 1

Amount Per Serving	%Daily Value	
Calories	223	
Calories from Fat	39.5	
Total Fat	4.5g	5%
Saturated Fat	1g	2%
Trans Fat	0	0
Total Carbohydrate	23g	8%
Dietary Fiber	7g	28%
Soluble Fiber	6g	**
Sugars	4.5g	**
Other Carbs	1.5g	**
Protein	29g	58%
Cholesterol	less than 5mg	>1%
Sodium	180	7%
Fibersol - 2 Brand	5.85g	**
*Percent Daily Values are based on 2,000 calorie diet. **Daily Value not established		
Vitamin A (beta carotene, retinyl palmitate)	5000 IU	101%
Vitamin C (sodium ascorbate)	462mg	770%
Vitamin D (cholecalciferol)	80 IU	20%
Vitamin E (D-alpha tocopheryl acetate)	50 IU	167%
Thiamin (HCl)	2mg	133%
Riboflavin (riboflavin-5-phosphate)	2mg	118%
Niacin (niacinamide)	7mg	35%
Vitamin B6 (pyridoxine HCl, pyridoxal-5-phosphate)	3mg	150%
Folate (folic acid)	80mcg	20%
Vitamin B12 (cyanocobalamin)	4mcg	67%
Biotin	135mcg	45%
Pantothenic acid (calcium pantothenate)	36mg	360%
Calcium	197mg	196%
Phosphorus	60mg	6%
Iodine (potassium iodide)	53mcg	35%
Magnesium (glycinate, oxide)	185mg	46%
Zinc (glycinate)	10mg	67%

Selenium (selenomethionine)	40mcg	57%
Copper (glycinate)	1mg	50%
Manganese (glycinate)	1mg	50%
Chromium (nicotinate)	50mcg	42%
Molybdenum (AAC)	100mcg	133%
Sodium	179.5mg	7%
Potassium (citrate/iodide)	200mg	6%
Glycine	1,500mg	**
L-lysine	1,000mg	**
Cold milled flax seed	1,000mg	**
L-threonine	540mg	**
Calcium D-glucarate	100mg	**
Milk thistle seed extract (Silybum marianum)	200mg	**
Taurine	150mg	**
MSM (methyl sulfonyl methane)	100mg	**
<b>Enzyme Blend</b>	50mg	**
protease, invertase, peptidase, amylase, lactase, cellulase, lipase, maltase		
Sodium sulfate	75mg	**
Green tea leaf extract (Camellia sinensis) (80% polyphenols/30% EGCG)(decaffeinated)	50mg	**
NAC (N-acetyl cysteine)	50mg	**
Bacillus coagulans 400 million CFU		
L-cysteine (HCl)	10mg	**

Amount Per Serving		%DV
<b>SuperFruitox Antioxidant Blend</b>	2.92g	**
Raspberry Fruit Extract, Black Raspberry Fruit Powder, Blackberry Fruit Powder Papaya Fruit Powder, Plum Fruit Powder, Strawberry Fruit Powder, Cranberry Fruit Powder, Cranberry Fruit Powder, Kiwi Fruit Powder, Watermelon Fruit Powder, Pomengrate Fruit Extract, Quercetin Dihydrate Grape Seed Extract, Blueberry Leaf Extract, Acerola Berry Powder, Bilbery Fruit Extract, Bromelain, Black Cherry Fruit Extract, Organic Acai Berry Powder, Organic Pomegrante Fruit Powder, Organic Raspberry Fruit Powder, Organic Bilberry Fruit Powder, Organic Blueberry Fruit Powder, Lycium, Goji Berry Powder, Mangosteen Fruit Powder, Noni Fruit Powder		
<b>Digestive Enzyme and Probiotic Blend</b>	2.4g	**
Fructooligoxaccharides, Lactobacillus acidophilus, Protease, Amylase, Lipase Cellulase, Lactase, Papain, Lactobacillus Casel, Bifidobacterium longum, lactobacillus rhamnosus, Bfidobacterium breve		
<b>Vegetable Antioxidant Blend</b>	2.03g	**
Carrott Root Powder, Beet Root Powder, Radish Root Powder, Purple Cabbage Leaf Powder, Japanese Knotweed Root Extract, Green Leaf Extract, Ginger Root Powder, Tumeric Root Extract, Kale Leaf Powder, Kelp Powder, Chlorella Cracked Cell Wall Powder, Alfafa Herb Powder, Spirulina Powder, Broccoli Head Powder		

**Fiber Blend**

1.73g

\*\*

Oat Bran Powder, Apple Fruit Powder, Aloe  
Vera Leaf Powder, Prune Fruit Extract

**Other Ingredients**

Protein Blend (pea protein isolate, rice  
protein concentrate, chlorella protein)  
cane juice solids, sunflower oil, inulin fiber  
(chicory), brown rice syrup solids, natural  
flavors, medium chain triglycerides, sodium